

HARBOR ANIMAL HOSPITAL

“Embracing the Human-Animal Bond”

FOODS TO AVOID FEEDING YOUR DOG OR CAT

<u>FOOD ITEM</u>	<u>REASON TO AVOID</u>
Alcoholic beverages	Can cause intoxication, coma and death.
Baby food	Can contain onion powder (see onion below). Can result in nutritional deficiencies, if fed in large amounts.
Bones (fish, poultry, beef, other)	Can cause obstruction, laceration or perforation of the digestive system.
Chocolate, coffee, tea	Contain caffeine, theobromine or theophylline, which can be toxic and affect the heart and nervous system and may result in death.
Sugar free Gum or Candy	May contain Xylitol which causes hypoglycemia and can be fatal.
Citrus oil extracts	Can cause vomiting
Fat trimmings	Can cause pancreatitis, which can be severe or fatal.
Grapes and Raisins	Contain an unknown toxin, which can cause kidney damage.
Hops	Contains an unknown toxin that causes panting, increased heart rate, elevated temperature, seizures and death.
Supplements with Iron	Can damage the lining of the digestive system and can be toxic to other organs including the liver and kidneys.
Large amounts of liver	Can cause Vitamin A toxicity, which affects the muscles and bones.
Macadamia Nuts	Contain an unknown toxin, which can affect the digestive and nervous system as well as the muscles.
Marijuana	Can depress the nervous system, cause vomiting and changes in heart rate.
Moldy, spoiled food/garbage	Can contain multiple toxins causing vomiting and diarrhea, and can affect multiple organs.
Mushrooms	Can contain toxins, which may affect multiple systems in the body, cause shock and result in death.
Onions and garlic (any form) Cats are more susceptible than dogs.	Contain sulfoxides and disulfides, which can damage red blood cells and cause anemia.
Rhubarb (leaves)	Contain oxalates, which can affect the digestive, nervous and urinary system.
Tomato (leaves and stems)	Contain oxalates, which can affect the digestive, nervous and urinary system.
Raw Eggs	May contain Salmonella
Raw Fish	Can cause a thiamine deficiency, leading to loss of appetite, seizures and in severe cases can cause death. (More common when raw fish is fed regularly.) Can also cause a disease called “Salmon Poisoning”, which causes vomiting, diarrhea and in severe cases death.